FLAMES DOWN WINGS IN SHOOTOUT, PG10

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Enviromental charges will go public

STELMACH Alberta's government will communicate to the public from now on when a company has been charged with environmental violations, vowed Premier Ed Stelmach Thursday.

The change comes after allegations the Tory government hid information when Suncor and three of its subcontractors were handed 90 environmental charges back in February 2008 — smack in the middle of its election campaign.

"Anything that happens of this sort will be made public," said Premier Ed Stelmach during a media availability Thursday. "I was not sitting on the information."

METRO CANADA

Riding the Recession

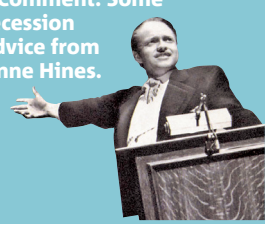
Now through the end of March, Metro will share advice on how to cut down on expenses and navigate your way through the recession.

Movies

- **Some film suggestions to take your mind off your own financial problems, pg 21**

Next Week

- **Music: How the current economic climate is affecting the music industry.**
- **Food: How to save money by brown-bagging your lunch.**
- **Comment: Some recession advice from Anne Hines.**



Kicked to the curbside

Condos, apartments left out of city recycling program until 2020

SHELLEY WILLIAMSON
for Metro Calgary

If you live in a condo, townhome or apartment the grass really is greener on the other side.

While Calgary is rolling out blue carts for an April start to curbside recycling in the southwest, the city's multi-family homes are not on the list. Not until 2020.

"For multi-family residents, they will not be receiving the service at this time as it includes single-family homes up to four-plexes," says Paula Magdich, Calgary's Blue Cart Recycling Program team leader. "But they also won't be charged for the service."

ROBIN KUNISKI/FOR METRO CALGARY

Multi-family units won't be serviced by the city recycling program until 2020, according to the city.

That's small comfort for engaged condo owners Rob MacDonald and Krista Calnan, who recently relocated to southwest Calgary from Toronto, leaving behind a recycling program that included their apartment.

"I think it's pretty poor planning — I don't understand if they have the infrastructure in place to pick up from single-family homes why it takes another 11 years to include multi-family," says MacDonald.

The 240-litre carts are part of the city's "80/20" initiative to divert 80 per cent of waste from landfills by 2020. Right now that number is only at 20 per cent.

Edmonton, with its blue bin and bag program encompassing all housing types, is at 65 per cent.

Calgary's short-term goal is to double the 40,000 tonnes collected and recycled in 2007.

Depots will also take plastics and eliminate sorting as recyclables will be separated at a new $30-million Metro Waste Paper Recovery plant.

But you still have to get to one of the 50 drop-offs. "It's a hassle," says MacDonald.

Still, not everyone is blue about the city stalling on multi-family recycling.

"When the city takes it over, I am out of business in a week," says Randy Bobyk of Condo Recycling Solutions.

With a per-unit monthly cost of $4 to $7 — less than the $8 blue-cart fee — Bobyk and other private recyclers will haul away a building's bottles, paper and food containers.

Brier **Alberta perfect**

ROBIN KUNISKI/FOR METRO CALGARY

Alberta skip Kevin Martin and his squad defeated Nova Scotia and Ontario Thursday at the Pengrowth Saddledome to finish the round robin in first with an 11-0 record at the Tim Hortons Brier.

Council needs to change, poll says

JENNIFER HILLIKER
for Metro Calgary

CITY A recent city survey finds Calgarians want to see changes in the way city council operates.

The survey found citizens upset about taking time off work to come to a council meeting, only to have their item bumped to another time due to last-minute changes to the agenda or discussions on other items running long.

Ald. Ray Jones

"They (the aldermen) debate on topics for a long time and it never seems like a decision gets made quickly enough," said Calgarian Irene Seto.

"The council is always about best practices, but it really just slows them down when they have to debate silly bylaws."

According to a report that will be given to city council on Monday, possible solutions include an enforced time limit on agenda items.

Ald. Ray Jones said he wishes the mayor would follow through and enforce the time limit.

"Especially when certain aldermen like to hold the floor for half an hour to an hour," he said.

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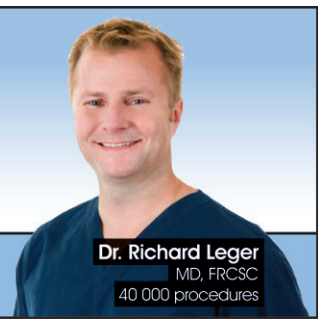
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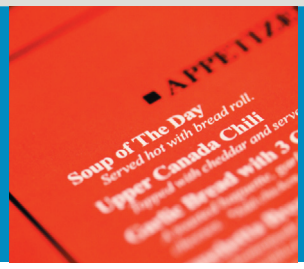
Teen convicted in attack on visitor
A 17-year-old youth alleged to be a member of a local white supremacist group was convicted of assaulting a Japanese visitor Thursday. He was convicted of assault with a weapon for attacking the woman with his steel-toed boots last July. METRO CALGARY

Local



Fats back on menu at local restaurants

Artery-clogging fats are now allowed back in Calgary restaurants after a year of being banned. The ban can't continue now that the Calgary Health Region, who instigated the rule that made headlines in January 2008, is being fused into a single provincial organization with other Alberta health authorities.

METRO CALGARY

Fire safety changes come blazing in

VICTORIA HANDYSIDES
victoria.handysides@metronews.ca

Reconstruction of provincial fire and building codes will ensure entire neighbourhoods of sardine-packed homes won't be destroyed before fire crews arrive, officials said Thursday.

"These changes will buy time for people to get out of their homes and for firefighters to respond," Municipal Affairs Minister Ray Danyluk said.

The highly anticipated changes come almost two years after a raging inferno destroyed three homes in Royal Oak, and damaging another five.

At the time investigators said the homes were very close in proximity.

Home builders must now install fire-resistant materials — like gypsum board — under vinyl siding.

"These changes will buy time for people to get out of their homes and for firefighters to respond." Ray Danyluk

While the revisions were paved with good intentions, industry experts say they've lit a fire under builders, with mere weeks to about-face construction practices.

"Haste makes waste," said Michael Nyikes, Canadian Homebuilders Association spokesperson. "By being so hasty, there could be a lot of problems perpetuated by this."

The changes come into effect May 3, giving builders six weeks to adapt.

Nyikes said at least six months are needed for the industry to adequately prepare.

But most Calgary builders are receptive to the new safety guidelines, including Morrison Homes safety manager Frank Natt.

"I don't think anyone will have a problem with it because it makes the homes safer for families. No amount of money is worth a human life," Natt said.

While Homes By Avi product development manager Michael Jacobson also supports any safety initiatives, he was disappointed with the process.

"The problem we have … we definitely felt as if our concerns as an industry perhaps weren't heard," he said, adding there may be some challenging aspects to the new rules.

Officer testifies to alcohol discovery in fatal crash case

CRIME A police officer testified Thursday he found a partially full bottle of vodka from the concrete mixer of a cement truck involved in a collision killing five people.

Const. Paul Millman said he searched the back of the truck after a witness said he saw Daniel Tschetter throw something into the drum. Tschetter is charged with five counts of manslaughter in the 2007 fatal crash that killed two adults and three children.

METRO CALGARY

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What's online today.

Video Report into the escape of six inmates from a Regina jail takes aim at inattentive corrections staff at **metronews.ca/canada**

ROBIN KUNISKI/FOR METRO CALGARY

Calgarians are now being recorded as the city initiated its closed circuit surveillance on select "hotspots" around the downtown area.

Calgary, look who is watching you now

CRIME The City of Calgary is watching you.

Yesterday the city kicked off its pilot project to test the effectiveness of closed-circuit television cameras downtown.

Sixteen cameras in "trouble spots" along Stephen Avenue and in the East Village will be randomly monitored by city staff 24 hours a day.

"The expected primary benefit of CCTV will be as an investigative tool, allowing police and bylaw officers to collect evidence for their investigations," Bill Bruce, director of animal and bylaw services said.

Darryl Severight, who just moved back to Calgary after living in Europe, had no idea he was being watched as he strolled down 8th Avenue near Olympic Plaza.

He said the cameras are a good thing for Calgary and notes that they are commonplace in major European cities such as London, England.

"They're everywhere (in Europe), you don't even think about it," he said.

Bylaw Services will report the results of the project within the year.

The city is working with the Office of the Information and Privacy Commissioner of Alberta to ensure the project complies with privacy legislation.

LINDSEY WALLIS/
FOR METRO CALGARY

Garden need on the grow: Group

JENNIFER HILLIKER
for Metro Calgary

FAMILIES Six new community gardens may not be enough according to a local group.

Paul Hughes, with the Calgary Food Policy Council, says the six gardens slated for city communities this spring are one per cent of what's really required and he's asking for 2,011 gardens by 2011.

"Calgary is like a huge diesel truck with 600 horsepower but pulling a little hot dog cart," he said.

"We have the capacity in our city to do so much more but we don't take advantage of it.

The parks department says each garden will be unique and could be used for harvesting goods for low-income families.

"Community gardens provide a space where residents can forget about the city and get their hands dirty in a good way," said Maggie Thompson, of the parks department.

News in brief

RECYCLING Albertans may be facing some new charges on their bills after purchasing a new MP3 player or cellphone because of plans to add new recycling fees. Alberta Recycling is planning to take their electronics recycling program one step further with new charges ranging from 50 cents to $2 on a variety of electronics. "It's mostly everything that you use for personal entertainment, food preparation and things that hook up to your computer," said Jim Sellers, spokesperson for Alberta Recycling. METRO CALGARY

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Ticket for suspected terrorist affiliate
More than 100 people have chipped in to buy a plane ticket back to Canada for Abousfian Abdelrazik, a Montreal man who has been suspected of terrorist affiliations, despite threats of prosecution from the federal government. **TORSTAR NEWS SERVICE**

Canada

See no bottles

The City of Toronto, having banned the sale of water bottles at city hall in December of last year, has taken to covering up the bottled water option on vending machines with hockey tape. Pepsi Bottling Group, which owns the machines, said it would remove the bottles from the machines by Friday. **TORSTAR NEWS SERVICE**

News in brief

JAIL BREAK Six high-risk prisoners escaped a Regina jail last summer after spending four months chipping a path to freedom with nail clippers and other makeshift tools, says a government report released Thursday.

NIAGARA FALLS The man who survived a plunge over Niagara's Horseshoe Falls and spent about 45 minutes naked in the icy waters below is in stable condition and expected to make a full recovery, Niagara Parks Police said Thursday.

BUDGET The federal budget implementation bill has been passed in the Senate and is on its way to receive royal assent. Liberal and Conservative senators approved the budget by a vote of 50-4, with five abstentions. **METRO NEWS SERVICES**

One dead after chopper ditches in North Atlantic

Rescuers save one man, 16 more still missing

At least one person was killed and 16 were missing in the choppy, frigid waters off the Atlantic Coast Thursday after a helicopter crashed while ferrying workers to two offshore oil projects.

One of the passengers was rescued after the crash and taken to hospital, said Rick Burt, general manager of Cougar Helicopters, which operated the Sikorsky S-92 transport.

An official said another person had been found dead. Two life rafts also had been pulled from the water, but nobody was in them, rescuers said.

The helicopter sank in the North Atlantic about 65 kilometres southeast of St. John's, N.L., leaving behind a debris field.

It was carrying 16 passengers and two crew and was heading for the Sea Rose production vessel at Husky Energy Inc.'s White Rose oil field and the Hibernia oil platform when it sent out a distress call at 9:18 a.m. local time.

Hibernia is 315 km southeast of St. John's, and Sea Rose is another 35 km away.

"The pilot did report that he was having some technical malfunction and was turning back to St. John's."
Rick Burt, Cougar Helicopters general manager

"The pilot did report that he was having some technical malfunction and was turning back to St. John's," Burt told a press conference.

He had no information on the survivor's condition.

Hercules aircraft, Cormorant helicopters and surface ships were in the area trying to find survivors in the near-freezing water, said Denis McGuire of the Joint Rescue Co-ordination Centre in Halifax. **REUTERS**

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Scientists take step toward mind reading

Scientists have shown for the first time that it may be possible to "read" a person's mind simply by looking at brain activity. By measuring blood flow, British researchers were able to tell where volunteers were located within a computer-generated environment. REUTERS

World

Shoe thrower jailed

Muntazer al-Zaidi, left, an Iraqi reporter who hurled his shoes at former U.S. president George W. Bush, was convicted Thursday of attempting to assault a foreign leader and jailed for three years, dismaying many Iraqis who regard him as a hero. REUTERS

German shooter gave warning

'You will hear of me tomorrow,' teen wrote online

A teenager who killed 15 people in a shooting rampage in Germany on Wednesday warned in a chatroom the night before that he planned to go to his former school with weapons and stage a "proper barbecue."

In a chatroom discussion with another 17-year-old in Bavaria on the eve of the shooting spree, Tim Kretschmer gave an explicit warning of his deadly plan, said Heribert Rech, interior minister of the state of Baden-Wuerttemberg.

"I've had enough," Rech quoted from the chatroom message.

"Always the same. Everybody's laughing at me. No one sees my potential. I'm serious. I have weapons and I will go to my former school in the morning and have a proper barbecue. Maybe I'll get away. Listen out. You will hear of me tomorrow. Remember the place's name: Winnenden."

Rech told reporters that Kretschmer's chatroom partner had not taken the message seriously at the time but had told his father after he saw reports of the shootings.

Kretschmer, described by neighbours as a loner with a fondness for violent videos, shot dead 12 people at his old school in the southern town of Winnenden and three more outside before turning the gun on himself when police cornered him.

The motive for the attack remained unclear, although he seems to have targeted women. Eight of the nine students and all three of the teachers he killed in the school were female. REUTERS

India **A celebration of colours**

K.K. ARORA/REUTERS

Men and women play huranga in Dauji temple near the Indian town of Mathura Thursday. Huranga is a game played between men and women a day after the Holi, festival of colours, during which men drench women with liquid colours and women tear off the clothes of the men.

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Comment

Lawless loan rip-off

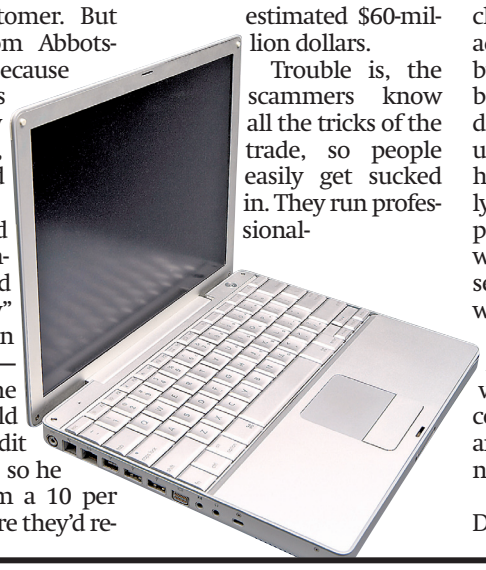
Marketplace

Erica Johnson

metronews.ca/johnson

When Floyd Girouard needed a loan recently, he went to the bank where he'd been a longtime customer. But this trucker from Abbotsford, B.C., says because he didn't own his house, or any other collateral, the bank turned him down.

So Girouard turned to the Internet, and found a "loan company" willing to loan him $30,000 — with a hitch. The company told Girouard his credit history was poor, so he had to give them a 10 per cent deposit before they'd release the loan. Girouard reluctantly wired them $3,000, and never heard from the company again.



Turns out, the company was a scam. It's illegal to ask for an upfront payment for a loan. And that company is just one of hundreds that have exploded on the Internet, cashing in on vulnerable people applying for loans in these tough economic times. Last year, scammers like this bilked Canadians out of an estimated $60-million dollars.

Trouble is, the scammers know all the tricks of the trade, so people easily get sucked in. They run professional-looking websites, with catchy graphics and simple instructions for applying for a loan. They give addresses (usually in the United States, but they're often based in Canada). And when we checked out some of those addresses in highrise office buildings, the suites had been empty for months, or didn't actually exist. They use 1-800 numbers that are hard to trace, and were likely purchased online using phony identification. Their websites are often hosted on servers in other countries, which makes shutting them down time consuming. And by the time police investigate, these rip-off loan companies have shut down and reopened under another name.

Just east of Toronto, Durham police recently busted an online loan scam they claim had ripped people off to the tune of $2 million. Inside houses and apartments they found computers, cellphones, paper shredders and phony loan documents — everything needed to sucker innocent people desperate for a loan.

So, what to watch out for if you're looking for a loan online? Never trust a "loan company" that guarantees a loan even if you have bad credit.

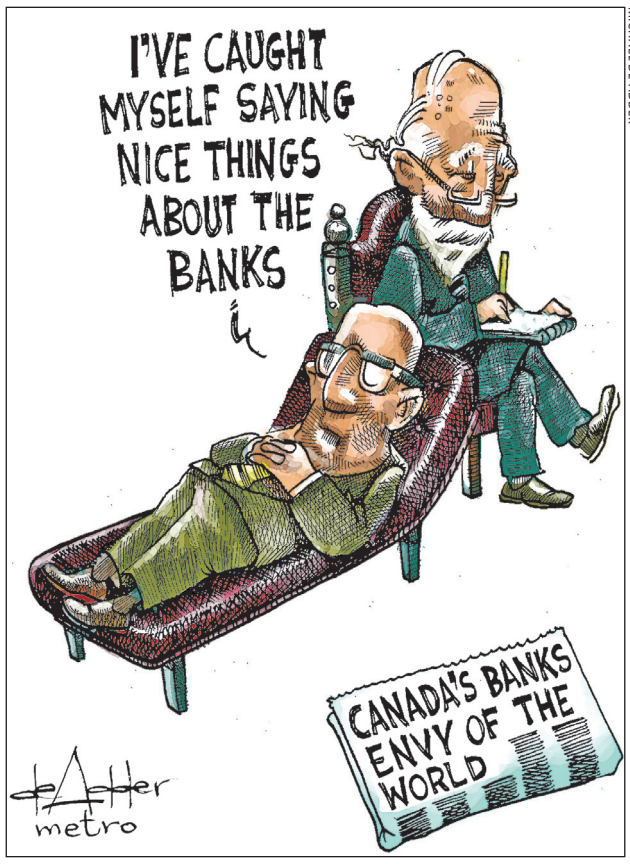
Stay away from a "loan company" that asks for an upfront payment (like a security deposit, premium, or insurance). And definitely run if the "loan company" asks for a payment to be wired via Western Union or Money Gram.

Floyd Girouard wishes it wasn't a $3,000 lesson. "I haven't had the best of luck on finances my entire life," he says. "And I just … sat back in my chair and cried."

On the web

Phoney lenders:
- Check out tips to help you spot fraudulent loan companies on metronews.ca/johnson

Erica Johnson is a journalist and co-host of CBC News: Marketplace, Canada's award-winning consumer affairs show. CBC News: Marketplace airs each Friday night at 8:30 p.m. on CBC Television.



MICHAEL DE ADDER

Views

Sometimes seeing is disbelieving

UrbanCompass

Janice Paskey

metronews.ca/paskey

The City of Calgary released Plan It recently, a new document that provides plans for housing and traffic. Public open houses run until March 17.

It's hundreds of pages. I poured myself a drink. I started research with the summary released last fall.

It's a visually stunning document. Over 17 pages, there are 48 photos. I looked twice. There's not one photo of winter. Not one flake. Not one icy road, or shivering student at a bus stop. It's one green bike-riding, skateboarding nirvana. It's not us.

They lost me at the 10th picture of sleeveless Calgarians, and green trees.

Let's move past graphic oversight. Calgary is a cat out of the bag, the bull out of the bullpen. We spread far and wide. Few people across a lot of land is expensive to maintain. The city's point is taken.

The city is calling for better, more frequent transit, and more densely populated "corridors." Neighbourhoods should be more "complete" with homes, shopping and schools together. In short, it's calling for a wholesale change in the way Calgarians live.

The private car is at the bottom of a pyramid, with walking on the top.

"It's a visually stunning document. Over 17 pages, there are 48 photos. I looked twice. There's not one photo of winter."

So let's talk walking. Sidewalk design guidelines are sorely needed. Our sidewalks are way too narrow to keep Calgarians walking in busy areas. It's why no one walks the misguided "Condo Alley" on Macleod Trail near the Talisman Centre and Stampede grounds.

Plan It cites studies from San Francisco and Houston saying people closer to transit walk. Yes, it's warm there. We border the Arctic.

I won't be walking to the Calgary International Airport. But once I conducted a social experiment and took the bus and LRT home after a flight. It was a long experience. Plan It calls this a "transportation corridor." Millions land here each year. Want to get cars off the road? The airport needs superb public transit now.

The city is heading in the right direction. But Plan It folks need studies of cities, like ours, cold and icy for most of the year. Then, let's talk transit and walking.

Plan It, learn the language of winter.

Janice Paskey teaches journalism at Mount Royal College, serves on her community association board and is a proud mom to two boys; calgaryletters@metronews.ca.

Letters

Rider enraged by fee increase

Apparently I missed the article (March 5) where you stated riders were OK with the new transit fee. I am enraged! I do not know one single person that is all right with the increase. I already have a hard enough time dishing out the monthly fee to take transit, especially on days when we were waiting outside in -30 C for 30 minutes because the trains were once again not working!

This is not going to solve any issues, only create more because I can tell you that I for one will not pay for parking and I will find other means to park where it is free. All of the residential areas surrounding the stations are going to be packed with people not wanting to pay for parking, causing problems for people who live in those areas and and need to travel through them.

I think the city just made a huge error and I hope that it will change this before it becomes one huge mess!

There are other ways to get money in this city without bleeding even more out of the poor people of this city. **CATHY CARTER, CALGARY**

Adopt from shelters instead

Re: Beware bad breeders, (March 6-8).

While I sympathize with Michelle Dean's puppy tribulations, and strongly admire her for staying the course, people looking for a companion animal might do well to check their local animal shelter.

Every year in the United States alone, three to four million shelter cats and dogs can't find loving homes and are euthanized.

Rather than patronizing a pet store or breeder, adopting one of these shelter animals can literally save that animal's life. Shelters usually even have a selection of purebreds, if that's what you're looking for.

MICHAEL HAYWARD, TORONTO

Metro Online Poll Results

64% SAID YES	Is Canada well positioned to weather the economic storm? *Weigh in on today's question at metronews.ca*	36% SAID NO

It's your turn to tell others what you think. Email your thoughts and opinions to: calgaryletters@metronews.ca
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

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Sirius XM to roll out iPhone application
Sirius XM Radio Inc. is looking to expand the reach of its satellite radio service with the second-quarter launch of an iPhone application. REUTERS

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Banks predict deeper recession for Canada

2010 rebound seen to be dependent on U.S.

Canada's economy may face greater pressure and a deeper recession, an unfortunate bystander of economic weakness that has spanned the globe, two Canadian banks predicted Thursday.

No economic recovery can occur without stabilization in the United States, to which the Canadian economy is closely tied, and without improved world financial conditions, TD Bank said.

TD now expects the U.S. recession to extend to the third quarter, leading to a 3.1 per cent contraction for 2009, compared with the 1.6 per cent contraction it forecast in December.

"The timing of a return to prosperity is difficult to pinpoint."
Royal Bank of Canada

Canada's economy shrank at an annualized rate of 3.4 per cent in the fourth quarter, its worst performance since the last recession in 1991.

Both economies are expected to expand next year, with the U.S. economy growing by 1.4 per cent and Canada expanding by 1.3 per cent, TD said.

Meanwhile, Royal Bank of Canada said it expects Canada's real gross domestic product to contract 1.4 per cent in 2009, then rebound to grow 2.6 per cent in 2010.

The U.S. faces a 2.4 per cent contraction in 2009, but 2.2 per cent growth next year, RBC said.

"There's no denying that the current economic environment is troubling and that the timing of a return to prosperity is difficult to pinpoint," RBC said. REUTERS

No decision on Nortel breakup

TELECOM Nortel Networks Corp. is still working on a strategy that will see it emerge from bankruptcy protection, even as the telecom-equipment maker mulls which of its assets to sell to narrow its focus, a source said Thursday.

"There haven't been any decisions" made regarding breaking up and selling the company and Nortel wants to present a "concrete" analysis of its assets to creditors in April, the source said. REUTERS

Madoff jailed after guilty plea

COURT Bernard Madoff pleaded guilty Thursday to charges he orchestrated the biggest fraud in Wall Street history and was ordered to jail to await a sentence that could send him to prison for life.

In front of scores of swindled investors, the former Nasdaq chairperson said shutting down his Ponzi scheme proved impossible and he soon came to realize that his arrest was inevitable. REUTERS

In brief

U.S. American households suffered a record-large nine per cent drop in wealth and pared debt in the fourth quarter, Federal Reserve data showed Thursday. REUTERS

Rivals fighting over airwaves

WIRELESS A recent submission by Quebecor Media Inc. to Industry Canada argues that the federal department needs to set up compliance guidelines to ensure the Big Three wireless operators — Bell Canada Inc., Rogers Communications Inc. and Telus Corp. — live up to their obligations to lease available space on their cell towers to new entrants.

Quebecor has said its initial network build-out requires activating hundreds of cell sites, "a significant fraction of which" could be shared with incumbent operators. TORSTAR NEWS SERVICE

Growing chorus

- Globalive Wireless and Data & Audio-Visual Enterprises Wireless Inc. have levelled complaints similar to Quebecor.

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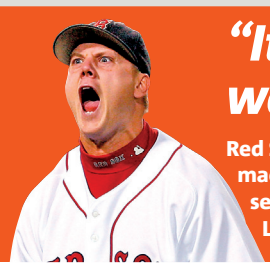
Tiger, teamed with Weir, so-so in return to stroke play

Tiger Woods shot a 1-under 71 on Thursday in the opening round of the CA Championship at Doral. Canadian Mike Weir, who was teamed with Woods, also carded an opening-round 71. METRO NEWS SERVICES

Sports



"It's like cancer. That's what he was. Cancer. He had to go."

Red Sox closer Jonathan Papelbon, left, in the April issue of Esquire magazine, on Manny Ramirez's last few months in Boston last season. Ramirez had demanded a trade and was dealt to the Los Angeles Dodgers in July. METRO NEWS SERVICES

EDITOR: JOHN.CHICK@METRONEWS.CA

A wild win in Motown

NHL RESULT

Flames 6 **Devils** 5 (SO)

CGY vs DET

LAURENCE HEINEN
for Metro Calgary

GREGORY SHAMUS/GETTY IMAGES

The Flames celebrate their 6-5 shootout win in Detroit.

THE SKINNY: Olli Jokinen scored twice in regulation and added the game-winning goal in a shootout as the Flames erased a 4-1 deficit to halt their three-game losing streak. It was Calgary's first victory at the Joe Louis Arena in Detroit since Dec. 1, 2005.

OLLIE SMOKES: In addition to his shootout winner, Jokinen has five goals in his first five games as a Flame since being acquired at the trade deadline.

CLUTCH: Goalie Miikka Kiprusoff stopped 26 shots in the first period and finished with 40 saves in the game and two more in the shootout to pick up his league-leading 40th win of the campaign. Meanwhile, Jamie Lundmark scored twice and added an assist for his first multiple-point game since Jan. 26, 2003 when he was playing for the New York Rangers.

THE QUOTE: "Kipper was huge for us," forward Daymond Langkow told Rogers Sportsnet before scoring a second-period goal for the Flames.

THE SHOOTING GALLERY: The Red Wings fired a franchise record 28 shots at the Calgary net in the first period in large part due to a total of 7:12 in power-play time, including almost five minutes of it while they were enjoying a five-on-three advantage.

THE NEXT GAME: The Flames finish up their marathon seven-game road trip in Toronto on Saturday night (5 p.m. CBC, Fan 960).

B.C. farm team?

- According to a story on the Abbotsford News website, the Calgary Flames will move their American Hockey League team to the Fraser Valley city for the 2009-2010 season, subject to league approval.

Dinos tip off Final 8

CIS The court is set for the 2009 Final 8 CIS Men's Basketball Championships.

The eight best university hoops teams in the nation will meet in Ottawa this weekend with national bragging rights on the line.

The OUA Champion and hometown Carleton Ravens enter the tournament as the top seed followed by No. 2, Calgary Dinos (Canada West Champion); No. 3, UBC Thunderbirds (Canada West Finalist); No. 4, Western Ontario Mustangs (OUA Finalist); No. 5, Ottawa Gee Gees (OUA Bronze Medalist); No. 6, Dalhousie Tigers (AUS Champions); No. 7, Concordia Stingers (QSSF Champion), and the Saint Francis Xavier X-Men (Wildcard, AUS Finalist).

Calgary and Concordia tip off the tournmant Friday at 10:30 a.m. MT. The final goes Sunday at 2 p.m. (The Score).

METRO NEWS SERVICES

NHL One win away

PAUL BERESWILL/GETTY IMAGES

Martin Brodeur stops a shot against Phoenix Thursday. The Devils won 5-2, leaving Brodeur one win away from tying Patrick Roy's career wins mark — which he can do Saturday in, of all places, Montreal.

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Movies&Entertainment

EDITOR: DEAN.LISK@METRONEWS.CA

Movies

Leaping into love Pg 12

Nothing is entertaining today's masses more than platonic romances between dudes. The latest entry in this odd subgenre is the explicitly titled I Love You, Man — starring Jason Segal and Paul Rudd as the two men set for bromance.

movies Pg 15

Last House revels in its explicit violence.

music Pg 17

This East Coast sextet may crown their best year yet.

entertainment Pg 20

Canadian designers crafted Britney's touring costumes.

Rourke joins Iron Man sequel

Mickey Rourke has signed on the dotted line to play Russian baddie Whiplash in the Iron Man sequel. Early reports had suggested that talks had broken down due to a dispute over money. FEMALEFIRST.CO.UK

Movies

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

Dude, where's my hug?

Male bonding anchors comedy I Love You, Man

PHIL BROWN
for Metro Canada

In these trying times audiences crave escape and nothing is entertaining today's masses more than platonic romances between dudes. The latest entry in this odd subgenre is the explicitly titled I Love You, Man — opening next Friday.

The film stars Paul Rudd (Role Models) and Jason Segel (Forgetting Sarah Marshall), who are pleased to be in a film that accurately depicts male friendships as awkward, honest, and rewarding rather than an emotionally empty haven for dirty talk and booze.

"I hope the movie shatters stereotypes and breaks down the barriers that will allow men to hug without patting," says Segel, who is quick to point out that the movie is equally realistic toward how women relate to each other.

Jason Segel and Paul Rudd star in I Love You, Man.

"I've met ex-girlfriends' friends who have said things like 'I know about you, Mr. One Ball,'" says Segel, ironically clarifying, "It was a soccer accident.

"I think women are much dirtier when they're talking to their friends than men and we confront that. Paul's character is an emotionally stifled guy towards men and not women, which I've never seen in a movie before."

Rudd plays a character who has dedicated so much time to his girlfriends that he doesn't have a single male friend to be the best man at his wedding. This leads to an awkward series of mandates to fill the position.

Movie feature

The movie is filled with scenes that milk awkwardness for laughs. To increase the realism, director John Hamburg (Safe Men) encouraged improvisation.

"Awkward comedy is best when you're not thinking about what you're trying to say or memorizing anything," Rudd says.

Segel and Rudd get plenty of laughs as the leads, but Hamburg also stacked the supporting cast with comedy talent, ensuring that every scene is packed with hilarity.

Everyone involved with the project is deservingly proud, especially Rudd.

"In the best possible scenario, I hope that people look back on this as the film that finally stopped world hunger, created world peace, and brought us peacefully and lovingly into the 22nd century," he said.

Nothing new in Race

Race to Witch Mountain

Director: Andy Fickman
Stars: Dwayne Jackson, Anna-Sophia Robb
Classification: PG
Rating: ½

STEVE GOW
for Metro Canada

REVIEW There are two things Disney did right with their latest family film Race to Witch Mountain.

First, by re-visiting the popular hit Escape to Witch Mountain, the Mouse House will surely attract many-a-parent who grew up fascinated by the 1975 classic. Second, they hired Dwayne (The Rock) Johnson, the former wrestling champ who has begun to establish himself a formidable attraction for kids in hits like The Game Plan.

While those two elements will surely be enough to put Witch Mountain ahead in the box-office race this weekend, the movie doesn't hold the kitschy appeal of its source of inspiration.

A hasty adventure set in Las Vegas, the story begins when cab driver Jack Bruno (Johnson) picks up two teens (AnnaSophia Robb, Alexander Ludwig) whose strange behaviour would only be excusable if they were extraterrestrials (alas, they are!).

When he learns that government agents and a dangerous alien bounty hunter called a Siphon are on their tail, Bruno is convinced to help the pair save the planet.

Directed by Andy Fickman (The Game Plan), Race to Witch Mountain definitely plays down the charm and amps up the action on its namesake.

Sure, the effect-heavy drama has its share of entertaining explosions and near-collisions but these sequences offer little in the way of anything fresh.

Still, while nostalgic adults may have to suffer through Johnson's attempts to tiptoe around clunky dialogue, the kiddies will likely revel in the spooky Siphon and the cathartic thrill of it all.

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Date set for Robin Hood release

Ridley Scott and Russell Crowe's much-anticipated, yet currently untitled Robin Hood project, has a release date. The blockbuster-to-be, which will see Crowe play Robin Hood, will come out on May 14, 2010. **EMPIREONLINE.COM**

Movies

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

Deeper issues examined

Trouble **The Water**

Director: Tia Lessen, Carl Deal
Classification: STC
Rating:

CHRIS ALEXANDER
for Metro Canada

When Hurricane Katrina laid waste to New Orleans back in 2005, the grand scale destruction of property was only the first wave of an even more crippling social catastrophe that would follow.

As filmmakers Tia Lessen and Carl Deal examine in their documentary, the floods, death and displacement were merely a catalyst, exposing the deeper issues of a government's failure to respond to homegrown tragedy and the even more profound racism in the heart of America.

The bulk of the picture sees the filmmakers following 9th Ward resident Kimberly Rivers-Roberts and her husband through their ruined neighbourhood.

Trouble the Water is a shocking portrait of natural disaster and class privilege. More intimate than Spike Lee's similar document of the Katrina crisis, When the Levees Broke, Trouble the Water is one of the best films of the year.

A scene from The Necessities of Life.

Life's got food for both heart, head

The Necessities **of Life**

Director: Benoit Pilon
Stars: Natar Ungalaaq, Éveline Gélinas, Paul-André Brasseur
Classification: PG
Rating:

PHIL BROWN
for Metro Canada

REVIEW Deeply moving without ever succumbing to shameless sentimentality, The Necessities Of Life was justifiably Canada's selection for this year's best foreign film Oscar.

Unfortunately, the movie was not able to claim a nomination, but that should in no way discourage audiences from seeing one of our nation's finest films in recent years.

The movie can be a difficult and upsetting cinematic experience, but one with rich rewards for audiences willing to tough it out with their hankies.

Natar Ungalaaq stars as Tiviim, an Inuk from the far North who is separated from his family and shipped to Quebec after being diagnosed with tuberculosis. Tivii soon finds himself in a hospital room surrounded by incommunicative hospital staff.

There, Tivii befriends a nurse (Éveline Gélinas) who introduces him to an Inuk boy (Paul-André Brasseur) who gives Tivii a reason to survive his ordeal.

Given that so much of the film is about isolation, depression, and culture shock, this movie can hardly be described as entertaining. But thanks to subdued direction from Benoit Pilon and some deeply moving performances, it's still an intellectually nourishing night at the movies.

Yu Nan lifts Tuya's marriage

Tuya's **Marriage**

Director: Quan An Wang
Stars: Yu Nan, Bater
Classification: STC
Rating:

GERALD PEARY
for Metro Canada

REVIEW Quan An Wang's Tuya's Marriage was shot in a desert region of Inner Mongolia and features non-actor locals.

Credit much of the film's success to Yu Nan. She's in the lead as Tuya, a feisty sheepherder. The movie's only professional actor, Yu blends with ease with the Inner Mongolians.

Her husband, Bater, is a middle-aged rancher, who has lost all spirit after an accident. He's without romantic feeling for Tuya, and she feels equally "blah."

There's an odd plot point that moves Tuya's Marriage forward. The two of them get a divorce, but with this stipulation: when Tuya remarries, Bater gets to stay on, residing with the new groom and bride. Her insistence.

Will Tuya's Marriage end with Tuya's marriage? Check out this invigorating picture from China, and see if you should bring rice.

Johansson turns Russian spy in Iron Man sequel
It looks like Iron Man will be facing off against a Scarlett Widow, as Scarlett Johansson has confirmed she has signed on to play the Russian spy Natasha Romanoff in the sequel. **EMPIREONLINE.COM**

Movies

A CLASSIC; EXCELLENT; GOOD; FAIR; POOR

Old gags ruin March

Miss **March**

Director: Trevor Moore, Zach Cregger
Stars: Trevor Moore, Zach Cregger
Classification: 18
Rating:

STEVE GOW
for Metro Canada

I have a suspicion that comic actors Trevor Moore and Zach Cregger might actually be funny — but you'd never know it by watching the duo's big-screen debut in Miss March.

An unoriginal and grat-ingly unfunny road-trip movie, Miss March simply tells the story of a high-school virgin (Cregger) who, after slipping into a ridiculous four-year coma, is awakened by his base-ball bat-wielding buddy (Moore) — a dull-headed annoyance who dates an epileptic because "it's kind of hot. She vibrates."

A scene from comedy Miss March, where a teen goes in search of his Playboy bunny sweetheart.

Discovering his teenage sweetheart has since be-come a Playboy bunny, the pals hit the highway in an attempt to track down the oh-so lucky gal at Hugh Hefner's mansion. Yawn.

Now you may be wondering, how did two mem-bers of a little-known Inter-net sketch troupe called the Whitest Kids U' Know get handed the keys to their own movie? I'm not sure. It certainly isn't evi-dent on the screen.

Loaded with tasteless sex jokes, derivative gim-micks and an especially lame appearance by Hefn-er (who is obviously read-ing from a cue card), Miss March may grab the atten-tion of a few teens, but even they'll quickly grow weary of these overplayed gags.

If you really want to see the duo's promise, look up some of Moore and Cregg-er's YouTube videos. If their movie was even half as clever as this home-made promotional sketch, maybe their future in film-making wouldn't look like it was about to slip into a coma.

On the web

- To see a Miss March trailer, or for local screen times, visit metronews.ca/movies

House of bloody violence

The Last House **on the Left**

Director: Dennis Iliadis
Stars: Sara Paxton, Tony Goldwyn
Classification: 18
Rating:

KEVIN COURRIER
for Metro Canada

REVIEW There are perhaps few things more con-temptible, or dishonest, than violence put in the service of sanctimony.

The Last House on the Left, a remake of Wes Craven's 1972 low-budget exercise in brutal sadism, certainly delivers on the carnage.

Only director Dennis Il-iadis turns the whole sod-den affair ultimately into a tribute to good ol' family values.

Borrowing loosely from Craven's barely serviceable plot, Last House centres on a gang of hoodlums who kidnap two young women in a remote rural retreat.

They viciously rape and shoot one, while slowly gutting the other to death with a knife. Although Mari (Sara Paxton) is bleed-ing profusely from her gun-shot wound, she has the fortitude to swim home to her family.

Before she gets there, though, the gang has al-ready arrived seeking shel-ter. They don't know that the occupants are Mari's parents, John (Tony Gold-wyn), a decent middle-class doctor and his caring wife, Emma (Monica Potter). When her parents ulti-mately discover the nature of their deeds, they take vi-olent revenge on the killers.

Craven, who served as producer on the remake, describes Last House as being about "the painful side effects of revenge." Who's he kidding? The picture spends more time inflicting pain than con-templating any of its side effects. Its claim to hu-manism is but another form of rape.

"A FAST PACED, FUN FILLED FAMILY ADVENTURE NOT TO BE MISSED."
BONNIE LAUFER, TRIBUTE - CANADA

DWAYNE JOHNSON

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ELIZABETH WEITZMAN

Los Angeles Times
"A MAGICAL TALE!"
KENNETH TURAN

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FEATURING THE VOICES OF DAKOTA FANNING TERI HATCHER JOHN HODGMAN AND IAN MCSHANE

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*Rotten Tomatoes, Wide Release 2009
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Screen Times

This week's new releases are highlighted in pink.

THIS PAGE COVERS MOVIE START TIMES FROM FRI., MARCH 13 TO THURS., MARCH 19. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

CANYON MEADOWS
Bay 110 13226 Macleod Trail, 403-670-5444

Australia (PG) Fri-Thu 5:10-8:40
Bedtime Stories (G) Fri-Thu 1:10-3:40-7
Bolt (G) Fri-Thu 1:25-4:10-7:20
Defiance (14A) Fri-Thu 3:55-6:55
Frost/Nixon (PG) Fri-Thu 6:30-9:25
Inkheart (PG) Fri-Thu 1:45-4:20
Last Chance Harvey (PG) Fri-Thu 12:55-9:50
Marley & Me (PG) Fri-Thu 1:30-4:05-7:10-9:50
New in Town (PG) Fri-Thu 12:45-3:05
Rachel Getting Married (STC) Fri-Thu 7:05-9:55
Revolutionary Road (14A) Fri-Thu 3:35-7
Seven Pounds (14A) Fri-Thu 9:35
The Tale of Despereaux (G) Fri-Thu 12:50-3:20
Twilight (PG) Fri-Thu 1-3:55-6:45-9:40
The Uninvited (14A) Fri-Thu 10:05
Valkyrie (PG) Fri-Thu 1:15-9:55
Yes Man (14A) Fri-Thu 1:20-4-6:45-9:45

CROWFOOT CROSSING
91 Crowfoot Terrace, 403-547-3316

Confessions of a Shopaholic (PG) Fri-Thu 12:20-3:40-6:55-9:25
Coraline 3D (PG) Fri-Thu 12:10-3:35-7:10
He's Just Not That Into You (PG) Fri-Thu 12:50-3:55-7:05-10:10
The International (14A) Fri-Tue 1-3:50-7:30-10:25 Wed 3:50-7:30-10:25 Thu 1-3:50-7:30-10:25 Star & Strollers Screening Wed 1
The Last House on the Left (18A) No Passes Fri-Thu 1:20-4:40-7:40-10:20
Metropolitan Opera: Orfeo ed Euridice — Gluck — Encore Presentation (STC) Sat 11
Miss March (18A) No Passes Fri-Thu 1:45-4:10-7:50-10:10
One Week (STC) Fri-Thu 1:10-3:45-6:50-9:40
Race to Witch Mountain (PG) Fri-Tue 12:30-2:45-5:05-7:20-9:45 Wed 5:05-7:20-9:45 Thu 12:30-2:45-5:05-7:20-9:45 Star & Strollers Screening Wed 1
Slumdog Millionaire (14A) Fri-Thu 12-4-7:10-9:50
Taken (14A) Fri 1:30-4:20-7:25-10:30 Sat 1:35-4:20-7:25-10:30 Sun-Thu 1:30-4:20-7:25-10:30
Watchmen (18A) No Passes Fri-Thu 11:45-12:40-3:15-4:30-6:45-8-10:15

EAU CLAIRE MARKET
200 Barlay Parade, 403-263-3166

Che! (Part 2)(Spanish w/e.s.t.) (14A) Fri 6:40-9:40 Sat-Sun 12:20-3:30-6:40-9:40 Mon-Thu 6:40-9:40
Che: Part One (14A) Fri 6:30-9:30 Sat-Sun 12:10-3:10-6:30-9:30 Mon-Thu 6:30-9:30
One Week (STC) Fri 7:10-10:10 Sat-Sun 12:45-3:20-7:10-10:10 Mon-Thu 7:10-10:10
The Reader (18A) Fri 6:50 Sat-Sun 12:40-6:50 Mon-Thu 6:50
Slumdog Millionaire (14A) Fri 7-10 Sat-Sun 12:30-3-7-10 Mon-Tue 7-10 Wed 10 Thu 7-10
Watchmen (18A) No Passes Fri 8 No Passes Sat-Sun 12-4-8 No Passes Mon-Thu 8
The Wrestler (14A) Fri 9:50 Sat-Sun 3:40-9:50 Mon-Thu 9:50

EMPIRE STUDIO 16 COUNTRY HILLS
388 Country Hills Blvd., 403-686-8491

Confessions of a Shopaholic (PG) SR Dolby Digital, Stadium Seating Fri-Thu 12:50-3:50-7:10-9:45
Coraline 3D (PG) Stadium Seating, SR Dolby Digital Fri-Thu 12:15-2:50-6:30-9:15
Gran Torino (14A) SR Dolby Digital, Stadium Seating Fri-Thu 6:50-9:40
He's Just Not That Into You (PG) SR Dolby Digital, Stadium Seating Fri-Thu 12:20-3:25-6:45-9:35
Hotel for Dogs (G) SR Dolby Digital, Stadium Seating Fri-Thu 12-3:05
The Last House on the Left (18A) SR Dolby Digital, Stadium Seating Fri-Thu 12:40-3:10-7:20-9:55
Miss March (18A) SR Dolby Digital, Stadium Seating Fri-Thu 12:30-3:45-7:15-10:15
One Week (STC) SR Dolby Digital, Stadium Seating Fri-Tue 1:45-4:10-7:40-10:05 SR Dolby Digital, Stadium Seating Wed 1:45-4:10-10:05 SR Dolby Digital, Stadium Seating Thu 1:45-4:10-7:40-10:05
Paul Blart: Mall Cop (PG) SR Dolby Digital, Stadium Seating Fri-Thu 12:10-3-6:40-9:20
The Pink Panther 2 (PG) SR Dolby Digital, Stadium Seating Fri-Thu 1:10-4:15-7:05-10
Race to Witch Mountain (PG) No Passes, SR Dolby Digital, Stadium Seating Fri-Thu 12:45-1:15-3:15-3:55-7-7:30-9:25-9:55
Slumdog Millionaire (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:40-4:40-7:15-10:05
Taken (14A) SR Dolby Digital, Stadium Seating Fri-Thu 1:50-4:20-7:45-10:10
Watchmen (18A) No Passes, SR Dolby Digital, Stadium Seating Fri-Sun 12:30-1-1:30-4-4:30-5:05-7:10-8-9:30 SR Dolby Digital, Stadium Seating Mon-Thu 12:30-1-1:30-4-4:30-5:05-7:10-8-9:30

EMPIRE STUDIO 10 MACLEOD TRAIL
100-16061 MacLeod Trail, 403-974-0470

Confessions of a Shopaholic (PG) DTS Digital, Stadium Seating Fri-Tue 1:10-3:40-7:10-9:45 DTS Digital, Stadium Seating Wed 1:10-3:40-9:45 DTS Digital, Stadium Seating Thu 1:10-3:40-7:10-9:45
Coraline 3D (PG) SR Dolby Digital, Stadium Seating Fri-Thu 2-4:20-6:45-9:15
He's Just Not That Into You (PG) SR Dolby Digital, Stadium Seating Fri-Thu 6:50-9:55
Jonas Brothers: The 3D Concert Experience in Disney Digital 3D (G) SR Dolby Digital, Stadium Seating Fri-Thu 12
The Last House on the Left (18A) SR Dolby Digital, Stadium Seating Fri-Thu 1:40-4:30-7:20-10:10
Mall Cop (STC) SR Dolby Digital, Stadium Seating Fri 1-3:50 SR Dolby Digital, Stadium Seating Sat-Sun 3:50 SR Dolby Digital, Stadium Seating Mon-Thu 1-3:50
Miss March (18A) SR Dolby Digital, Stadium Seating Fri-Thu 1:30-4:40-7:40-10
Race to Witch Mountain (PG) SR Dolby Digital, Stadium Seating Fri-Thu 1:20-4-7-9:40
Slumdog Millionaire (14A) SR Dolby Digital, Stadium Seating Fri-Thu 12:30-3:30-6:40-9:30
Taken (14A) DTS Digital, Stadium Seating Fri-Sun 1:50-4:10-7:30-9:50 DTS Digital, Stadium Seating Mon 1:50-4:10-9:50 DTS Digital, Stadium Seating Tue-Thu 1:50-4:10-7:30-9:50
Watchmen (18A) DTS Digital, SR Dolby Digital, Stadium Seating Fri-Thu 12:15-12:45-4:15-4:45-8-9

GLOBE CINEMA
617-8 Avenue, 403-262-3308

The Necessities of Life (PG) Fri 7:15-9:20 Sat-Sun 1:15-3:20-7:15-9:20 Mon-Thu 7:15-9:20
Stone of Destiny (PG) Fri 7-9:15 Sat-Sun 1-3:15-7-9:15 Mon-Thu 7-9:15

MOVIEDOME
1039 999 36 St., 403-248-2000

Bedtime Stories (G) Fri-Thu 12:55-3:50-6:50-9:50
Bolt (G) Fri-Thu 1-3:55-6:50
Bride Wars (PG) Fri-Thu 1:10-4:05-7:05-9:55
The Day the Earth Stood Still (PG) Fri-Thu 12:50-3:45-7-9:45
Defiance (14A) Fri-Thu 1:30-7:30
Friday the 13th (18A) Fri-Thu 1:05-4-7:10-10:05
Inkheart (PG) Fri-Thu 12:50-3:40-6:55-10
Marley & Me (PG) Fri-Thu 12:45-3:35-6:40-9:40
Twilight (PG) Fri-Thu 12:45-3:35-6:45-9:35
The Uninvited (14A) Fri-Thu 10:10

SCOTIABANK CHINOOK
6455 MacLeod Trail, 403-212-8994

Confessions of a Shopaholic (PG) Fri-Thu 12:45-3:45-6:50-9:30
Coraline 3D (PG) Fri-Thu 12-2:30-5-7:30-10
Fired Up (14A) Fri-Wed 1:20-4:25-7:25-10:30 Thu 1:20-4:25-10:30
Gran Torino (14A) Fri-Thu 10:10
He's Just Not That Into You (PG) Fri-Thu 12:50-3:50-7:05-10:15
The International (14A) Fri-Tue 1:20-4:10-7:10-10:10 Wed 7:10-10:10 Thu 1:20-4:10-7:10-10:10
The Last House on the Left (18A) No Passes Fri-Thu 1:10-4:15-7:15-10
Metropolitan Opera: Orfeo ed Euridice — Gluck — Encore Presentation (STC) Sat 11
Miss March (18A) No Passes Fri-Thu 12:15-2:40-5:05-7:30-10:25
Paul Blart: Mall Cop (PG) Fri-Wed 1:15-4:20-7:20 Thu 4:20-7:20-9:50
Push (14A) Fri-Thu 4:05-7:20-10:25
Race to Witch Mountain (PG) Fri-Wed 11:50-1-2:20-4-5-6:50-7:35-9:20-10:05 Thu 11:50-2:20-4-5-6:50-7:35-9:20-10:05 Star & Strollers Screening Thu 1
Slumdog Millionaire (14A) Fri-Thu 1-4-7:25-10:20
Street Fighter: The Legend of Chun-Li (14A) Fri-Thu 12:40
Taken (14A) Fri-Thu 1:10-4:10-7:10-9:50
Watchmen (18A) No Passes Fri-Thu 11:45-1-2-3:10-4:30-5:30-6:45-8-9:15-10:15
Watchmen: The IMAX Experience (18A) No Passes Fri-Thu 12-3:30-7-10:30

PLAZA THEATRE
1133 Kensington Rd., 403-283-3636

All You Need is Love (STC) Sat 5
Bush Bash Film Festival (STC) Tue 5:15-7-9
Horns and Halos (STC) Tue 9
Isle of the Damned (STC) Fri 11:30
Occupation: Dreamland (STC) Tue 5:15
Orgasmic Birth (STC) Sun 12:30
Tell No One (14A) Fri 4:45 Sat 2:15 Sun 4:45 Mon 9:15 Wed 4:45
Trouble the Water (STC) Fri 9:15 Sat 12:20-9:15 Sun 9:15 Mon 5:10 Tue 7 Wed-Thu 9:15
Tuya's Marriage (STC) Fri-Sat 7:10 Sun 2:45-7:10 Mon 7:10 Wed 7:10 Thu 4:30
Youth Animation Screenings (STC) Thu 6:30

SUNRIDGE SPECTRUM
2555 32nd Street, 403-717-1200

Confessions of a Shopaholic (PG) Fri-Thu 12:35-3:35-6:45-9:25
Coraline 3D (PG) Fri-Thu 2:35-5-7:20-9:50
He's Just Not That Into You (PG) Fri-Tue 12:25-3:40-6:50-10:05 Wed 3:40-6:50-10:05 Thu 12:25-3:40-6:50-10:05 Star & Strollers Screening Wed 1
Jag Jeondeyan de Mele (in Punjabi) (PG) Fri-Thu 12:05-3:50-7:30
Jonas Brothers: The 3D Concert Experience in Disney Digital 3D (G) Fri-Thu 12:15
The Last House on the Left (18A) No Passes Fri-Thu 12:20-3:15-7:25-10:15
Miss March (18A) No Passes Fri-Thu 12:45-3:20-7:10-9:45
Paul Blart: Mall Cop (PG) Fri-Thu 12:50-3:25-6:35-9:15
Race to Witch Mountain (PG) Fri-Tue 12:05-1-2:40-3:45-5:05-6:40-7:25-9:20-10:10 Wed 12:05-2:40-3:45-5:05-6:40-7:25-9:20-10:10 Thu 12:05-1-2:40-3:45-5:05-6:40-7:25-9:20-10:10 Star & Strollers Screening Wed 1
Slumdog Millionaire (14A) Fri-Thu 12:55-3:55-7:05-9:55
Taken (14A) Fri-Thu 12:40-3:10-6:55-9:30
Watchmen (18A) No Passes Fri-Thu 12-12:30-2:30-3:30-4:15-6:30-7-8-10-10:25

THE UPTOWN STAGE & SCREEN
612 8th Ave., 403-265-0120

Doubt (PG) Fri 4:50-7:15 Sat-Sun 12:10-4:50-7:15 Mon-Thu 4:50-7:15
Milk (14A) Fri 7-9:30 Sat-Sun 12-2:25-7-9:30 Mon-Thu 7-9:30
Revolutionary Road (14A) Fri 4:40-9:15 Sat-Sun 2:15-4:40-9:15 Mon-Thu 4:40-9:15

WESTHILLS 10
165 Stewart Green, 403-246-5291

Confessions of a Shopaholic (PG) Fri-Sun 1:30-4:10-6:45-9:20 Mon-Thu 5:20-7:50
The Curious Case of Benjamin Button (PG) Fri-Sun 7:45 Mon-Thu 8:20
He's Just Not That Into You (PG) Fri-Sun 1:10-4:05-7:15-10:10 Mon-Thu 5:15-8:05
Hotel for Dogs (G) Fri-Sun 12:55-3:40 Mon-Thu 5:55
One Week (STC) Fri-Sun 1:35-4:30-7:20-9:45 Mon-Thu 5:25-7:45
The Pink Panther 2 (PG) Fri-Sun 12:45
Race to Witch Mountain (PG) Fri-Sun 1:15-4:20-7-9:30 Mon-Thu 5:35-8
The Reader (18A) Fri-Sun 12:30-3:20-7:05-9:55 Mon-Thu 5:50-8:40
Slumdog Millionaire (14A) Fri-Sun 12:40-3:30-6:50-9:40 Mon-Thu 6:05-8:50
Taken (14A) Fri-Sun 3:10-7:30-10:15 Mon-Thu 6:15-9
Watchmen (18A) No Passes Fri-Sun 12:20-1:45-3:50-6:30-8-10 No Passes Mon-Thu 5-7:30-8:30

Music

Hey Rosetta! ready for Indie Awards

IAN NATHANSON
for Metro Canada

Should East Coast rockers Hey Rosetta! be victorious at this year's Canadian Independent Music Awards, it would mark a rather lucky streak for the rising Newfoundland-Labrador sextet.

Two weekends ago in Corner Brook, N.L., Hey Rosetta! picked up three East Coast Music Awards for Group Recording, Recording of the Year and Alternative Recording for its 2008 disc Into Your Lungs (and around in your heart and on through your blood).

On Saturday night at Toronto's Fairmount Royal York Hotel, the group will find out what fate bestows upon them for the affectionately dubbed Indies.

"Sometimes you go to some of these industry-oriented festivals in which the shows are closed to the public and there's very little feedback from the crowd," frontman Tim Baker, whose band is up for favourite album and Favourite Artist/Website, tells Metro. "But CMW's cool. At least the shows we've done for it have always been exciting. The vibe there is so electric."

East Coast sextet Hey Rosetta! is up for honours at the Independent Music Awards this Saturday in Toronto.

The Trews lead all Indies contenders with four Indies nominations. Other multiple nominees include City and Colour (Alexisonfire guitarist Dallas Green's side project), Crystal Castles, Kathleen Edwards and The Weakerthans. Taylor Swift, America's rising country sensation, tops all international acts with three nods.

Certainly, the Indies lay claim to acknowledging, promoting and honouring achievements of Canadian and international artists in the independent music sector. Yet both Jean-Phi Goncalves, one-half of Montreal's trip-rock duo Beast, sides with Baker in that it's less about the awards being handed out and more about getting a buzz from the audience reacting to good indie music.

"The people you have in front of you give you this incredible energy, and at the same time you give back this same energy to the crowd," Goncalves says. "I remember our first music industry festival show a couple of years ago. (Singer Betty Bonifassi and I) were so stressed because we were playing to people who didn't really know our music. But somehow we lit a fire and wound up doing well."

Beast will be performing alongside the likes of other nominated contenders such as Arkells, Crystal Castles, The Midway State, USS and Indies Hall of Fame Inductees Anvil.

"It's certainly great that industry people will come out to see you play and perhaps might be able to help move your career along," says Dan Griffin, keyboardist-singer-guitarist with the Hamilton-based Arkells. "What they will see at the Indies is a lot of variety — electronica, alt-rock, you name it ... and us sort of representing the classic rock genre.

"And we look forward to any and all shows — it's essentially what keeps us going."

On the web

On the Indies:
- More info can be found at cmw.net/cmw2009/awards_indies.asp.

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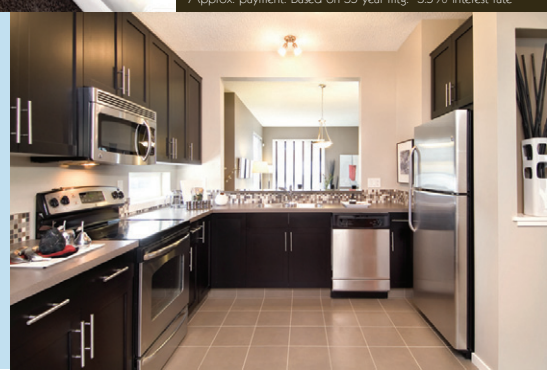


South on Macleod Tr., east on 194th Ave., follow the signs to the showhomes

403.536.7290 / 403.818.3591

liveatstonewater.com

Homes by AVI

Music

Metro recommends

- **U2, NO LINE ON THE HORIZON:** Bono and company lace up their boot and add some atmospheric depth to their usual arena-sized rock anthems.
- **TMDP, (SELF-TITLED):** Toronto DJ duo delivers free-flowing electronic dance music that's big on melodies and bubbly '80s techno.
- **HOLLER, WILD ROSE! OUR LITTLE HYMNAL:** Holler, Wild Rose! combines brooding indie rock with dreamy layers that echoes Jeff Buckley and Pink Floyd.

METRO NEWS SERVICES

TOP 10 MOBILE DOWNLOADS

1 Right Round — Flo Rida
2 Crack A Bottle — Eminem
3 Poker Face — Lady Gaga
4 Dead And Gone — T.I.
5 Kiss Me Thru Phone — Soulja Boy
6 Single Ladies — Beyoncé
7 Heartless — Kanye West
8 Right Now — Akon
9 Live Your Life — T.I.
10 Love Story — Taylor Swift

rogers.com/musicstore
ROGERS

Biggest bands getting bigger as they Twitter

SoundCheck

Alan Cross

metronews.ca/soundcheck

Back on Feb. 26, Coldplay fans all over the world followed what was happening at the Brit Awards in real time thanks to the Twitter. Every few minutes, someone from the band squirted out a new sub-140 character message to Coldplay fans, who received them on their computers and smart phones. The effect was like an abbreviated play-by-play of the event. Or even private diary thoughts being shared with a select group of people.

After lingering in the shadow of Facebook and MySpace, Twitter has emerged as the communication phenomenon of 2009. It combines the brevity of text messaging with the hyperlinking that makes blogs so useful. It's also a fast and free way for anyone who needs to reach an audience in a fairly intimate way.

I'm getting tweets from Coldplay, Muse, Weezer, Bjork, Oasis and Pearl Jam. I keep up to date with gossipy U2 fans, record labels with news to spread and music geeks who link to unusual websites. I'm getting my news faster than ever before — which I think is a good thing. I think.

As a broadcaster with two national radio shows and a music website with international reach, Twitter allows me to keep people up to date on what I'm doing, what I can offer them and how they can participate in stuff that I've got coming up. As I write this, 1,215 people have subscribed to the posts of alancross. Cool!

Might Twitter be here to stay? Or is it another techno-fad doomed to burn out? And this concerns me: On March 3, Twitter went down when the women on The View showed their audience how to use it.

Whoopi on Twitter? That's as bad as finding my mom on Facebook.

The Ongoing History of New Music can be heard on stations across Canada. Read the daily Music Geek blog at ongoinghistory.com

Calgary Police Commission

PUBLIC MEETING
Tuesday, March 17th, 2009
6:30 p.m.
North Glenmore Park Community Association
2231 Longridge Dr. SW

Hon. Alison Redford, Minister of Justice and Attorney General Speaking on Safer Communities in Alberta

District 2 Policing Update

Members of the public are invited to attend and ask questions

Information is available on the Commission's website
www.calgary.ca/policecommission
or by calling 403.206.8914

Love Hewitt's new beau

After dumping her fiancé in December, Jennifer Love Hewitt has reportedly found solace in her Ghost Whisperer co-star Jamie Kennedy. "They hit it off right away," a source tells Star magazine METRO WORLD NEWS

Going Out

Metro's 7th Heaven: Metro taps what's hot right now

1 Animal-inspired collections

FASHION Fauna ruled the runways at Paris Fashion Week. Italian designer Giambattista Valli sent out red-carpet ready looks covered with glimmering feathers as Stella McCartney put her seal on sexy with cruelty-free alternatives to fur and leather (pictured, right).

2 Audrey Niffenegger

AUTHOR Recession? What recession? The author who penned the 2003 bestseller The Time Traveler's Wife recently received a mammoth $4-million advance from Simon & Schuster imprint Scribner for her upcoming book.

3 Happy-Go-Lucky

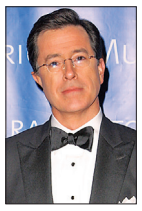
DVD Never mind the Oscars. The Academy's oversight of Sally Hawkins' career-making performance in the Mike Leigh film was borderline criminal. Rent this one to watch the British actress make you laugh, cry and wince — often all at the same time.

4 Middle Cyclone: Neko Case

ALBUM The New Pornographers chanteuse takes listeners to her emotional wilderness in this alt-country gem. Amply supported by her Porno mates, Case's third solo effort will most likely make many best-of lists at the end of the year.

5 Stephen Colbert

CELEBRITY The mercurial funnyman is leading the race to name a NASA space station room. As of Tuesday, fans had cast 115,000 votes in favour of christening the orbiting outpost "Colbert." One of NASA's suggested names — "Serenity"— trail at 98,641 nods. Voting ends March 20.



6 Resident Evil 5

GAME The latest instalment of the horror-action franchise shifts the killing field to Africa, leading to accusations of racism.

7 New iPod Shuffle

GADGET When it comes to Apple, smaller is bigger. The computer giant has further crunched its already-miniscule entry-level iPod while increasing its storage capacity to 4 GB, or about 1,000 songs.

Mix of Six

The Trews

When: Saturday, 8 p.m.
Where: Wyckham House, Mount Royal College, 4825 Richard Rd. SW.

The Trews perform in a special celebration of the new Wyckham House student's centre at Mount Royal College. Tickets are $15 through Ticketmaster.

Death on the Rocks

When: Friday: 6 p.m. cocktails, 7 p.m. dinner and show.
Where: Deane House Restaurant, 806 – 9 Ave S

Solve a curling-themed murder mystery in the historic Deane House. The play was inspired by the Tim Horton's Curling Brier.

Faces of Peru

When: Debuts Saturday
Where: Gibson Fine Art, 2nd lvl, 850 – 16 Ave SW.

This new exhibition at Gibson Fine Art features Elizabeth Wiltzen's take on Peru and Bolivia, inspired by the faces, the colours and the diversity she found there.

Posessed: All Funked Up

When: Saturday, 8 p.m.
Where: Hotel Arts, 119 – 12 Ave SW.

Shake off the winter chill with an evening of funk at with Decidedly Jazz Danceworks as they celebrate their 25th anniversary.

K'NAAN

When: Friday, 8 p.m.
Where: Marquee Room, 2nd lvl, Uptown Stage and Screen, 612 – 8 Ave SW.

The artist, whose sound has been called a fusion of Bob Marley, conscious American hip hop and brilliant protest poetry, visits Calgary.

An Ideal Husband

When: Friday to Sunday, various times
Where: Max Bell Theatre, EPCOR Centre for the Performing Arts, 205 – 8 Ave. SE.

Theatre Calgary's latest production by Oscar Wilde revolves around respected politician Sir Robert Chiltern.

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FRIDAY

CA	Vu	SC			7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 3/13/09	243	317	3	CFCN	etalk	Hollywood	Raising the Bar (N)		Ghost Whisperer (N)		Flashpoint (HDTV) (N)		News (N)
	-	-	4	OMNI	Two/Half Men	The Simpsons	News		News		The Simpsons	King	Metropia
	-	371	5	KXLY	4 News at 6	4 News at 6:30	Entertainment	The Insider (N)	Wife Swap (N)		Supernanny (N)		20/20
	245	306	6	CBRT	Coronation St.	Jeopardy! (N)	Rick Mercer	Marketplace	CBC News: the fifth estate (N)		CBC News: The National		The Hour
	244	338	7	CICT	ET Canada	Entertainment	NUMB3RS "12:01 AM"		Howie Do It (N)	Howie Do It	(10:01) Dollhouse (N)		News Hour
	246	-	8	CKAL	Law & Order: SVU		Mantracker		Survivorman		Out There	Out There	Your City
	-	372	12	KREM	News (N)	Hollywood	The Doctors (N)		Ghost Whisperer (N)		Flashpoint (HDTV) (N)		NUMB3RS
	-	374	14	KSPS	NewsHour With Jim Lehrer		Wash. Week	McLaughlin	Bill Moyers Journal (N)		NOW on PBS	Being Served	Vicar of Dibley
	-	370	16	KHQ	News (N)	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	Howie Do It (N)	Howie Do It	Friday Night Lights (N)		Dateline NBC
	-	373	22	KAYU	The Simpsons	Raymond	Two/Half Men	Two/Half Men	Sarah Connor Chronicles		(10:01) Dollhouse (N)		News (N)
news	502	390	15	CBC	CBC News: The National		Doc Zone		CBC News: The National		CBC News: The National		Doc Zone
	500	500	29	CNN	Larry King Live		Anderson Cooper 360 (HDTV)				Larry King Live		Cooper 360
	501	391	52	CTV	CTV Newsnet		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
sports	400	400	21	TSN	(6) Curling Tim Hortons Brier -- Page Playoff 1 vs. 2.				SportsCentre		UEFA Champions League		Billiards
	408	418	27	net	MLB Preseason Baseball		Sportsnet Connected		Hockey Central	Flames Week	Sportsnet Connected		Ult. Fighter
family	552	543	20	YTV	iCarly	Family Biz (N)	*What a Girl Wants* ★ (2003, Comedy-Drama), Colin Firth				Prank Patrol	Prank Patrol	Family Biz
	557	541	39	FAM	Zoey 101	Latest Buzz	Wizards-Place	*Wendy Wu: Homecoming Warrior* (2006)			*3 Ninjas Knuckle Up* ★ (1995, Comedy)		
cable variety	-	-	18	CHTV	The Insider (N)	E News	Hot Girls in Scary Places		20/20 (HDTV)		Friday Night Lights (N)		News (N)
	603	561	25	FOOD	Kylie Kwong	Gourmets	Diner, Drive-In	Diner, Drive-In	Ramsay's Kitchen Nightmares		Challenge Luau menus.		Kylie Kwong
	615	520	26	A&E	CSI: Miami "Hell Night"		CSI: Miami "Speed Kills"		Criminal Minds (HDTV)		CSI: Miami "Legal"		CSI: Miami
	617	522	32	SHOW	Wife Swap		The Outer Limits		Da Vinci's Inquest		Testees	Kenny-Spenny	Webdreams
	520	505	35	DISC	Man vs. Wild (N)		Deranged (N)		Daily Planet		Man vs. Wild		Heli-Loggers
	628	584	43	SPIKE	DEA "Flip The Stripper"		Real Vice	Real Vice	Disorderly Conduct: Video		MANswers	MANswers	GameTrailers
	522	516	45	HIST	Urban Legends	Urban Legends	NCIS "The Weak Link"		Shockwave (HDTV)		Urban Legends	Urban Legends	Ice Road Trck
	581	566	102	MTV	The Real World		Fantasy Fact.	Nitro Circus (N)	Cribs	Play'd	From G's to Gents		Fantasy Fact.

SATURDAY

CA	Vu	SC			7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 3/14/09	243	317	3	CFCN	W-FIVE-Childhood		Law & Order (HDTV)		Law & Order: SVU		The Mentalist (HDTV)		News (N)
	-	-	4	OMNI	Omni News: Mandarin		*The Knot* ★★ (2006, Romance) Chen Kun, Vivian Hsu.				Trendy Zone	Word for Word	Chinese Rest.
	-	371	5	KXLY	News	The Insider (N)	Entertainment Tonight		Dancing With the Stars (HDTV)				Castle
	245	306	6	CBRT	NHL Hockey		NHL Hockey Colorado Avalanche at Edmonton Oilers. (HDTV) (Live)					HNIC -- After Hours	
	244	338	7	CICT	Health Care 911		Masterminds	Masterminds	Doc "The Way We Were"		Doc "Men in Tights"		News (N)
	246	-	8	CKAL	Without a Trace		Murdoch Mysteries		*The Uncles* ★★ (2000, Comedy-Drama) Chris Owens.				The City Show
	-	372	12	KREM	News (N)	Sushi Pack (EI)	Strawberry	Care Bears	NCIS "Agent Afloat"		The Mentalist (HDTV)		48 Hr. Mystery
	-	374	14	KSPS	The Welk Stars: Through the Years (HDTV)				Celtic Thunder				Roy Orbison
	-	370	16	KHQ	News (N)	Judge Judy	CSI: NY (HDTV)		The Celebrity Apprentice				Law & Order
	-	373	22	KAYU	House		Two/Half Men	Two/Half Men	Cops (N)	Cops	America's Most Wanted		News (N)
news	502	390	15	CBC	Sat. Report	Mansbridge	CBC News: the fifth estate (N)		Sat. Report	Fortune	Sat. Report	Mansbridge	fifth estate
	500	500	29	CNN	Larry King Live		D.L. Hughley Breaks the News		Newsroom		Larry King Live		D.L. Hughley
	501	391	52	CTV	CTV Newsnet-Scott Laurie		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
sports	400	400	21	TSN	(6) Curling Tim Hortons Brier -- Semifinal. (HDTV) (Live)					SportsCentre		Wtr. X-Games	Billiards
	408	418	27	net	(6) Baseball Teams to Be Announced. (HDTV) (Live)				Sportsnet Connected		Saturday Night Poker		Sportsnet Con.
family	552	543	20	YTV	Kid vs. Kat	League-Evil	Prank Patrol	Prank Patrol	*Gremlins* ★★★ (1984, Fantasy) Zach Galligan, Phoebe Cates.				
	557	541	39	FAM	Natural-Sadie	Flight 29 Down	That's-Raven	Zoey 101	Life Derek	Han. Montana	*Beetlejuice* ★★★ (1988, Comedy)		
cable variety	-	-	18	CHTV	Chef School	E News	*Lies and Crimes* (2007, Suspense) Estella Warren.				Show Yours	G-Spot	E News
	603	561	25	FOOD	Ultimate Recipe Showdown		Hell's Kitchen		The F Word		Challenge		Ult. Recipe
	615	520	26	A&E	CSI: Miami "All In"		CSI: Miami (HDTV)		CSI: Miami (HDTV)		CSI: Miami "Ambush"		CSI: Miami
	617	522	32	SHOW	NUMB3RS (HDTV)		Mutant X		*Her Sister's Keeper* (2006, Suspense) Dahlia Salem.				*War of Worlds*
	520	505	35	DISC	Destroyed	Time Warp	Criss Angel	Criss Angel	Guinea Pig (N)	Guinea Pig	Destroyed	Time Warp	Criss Angel
	628	584	43	SPIKE	(6) *Star Wars V: The Empire Strikes Back* ★★★★ (1980)				*Commando* ★★ (1985, Action) Arnold Schwarzenegger.				Disorderly
	522	516	45	HIST	Disappearance of the PX-15		NCIS "Singled Out"		Mob Stories		*Gangs of New York* ★★★ (2002)		
	581	566	102	MTV	MTV News	Play'd	Cribs	Cribs	Cribs	Cribs	Cribs	Cribs	MTV Live

SUNDAY

CA	Vu	SC			7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
primetime 3/15/09	243	317	3	CFCN	Star Wars Clo.	Degrassi: TNG	The Mentalist (HDTV) (N)		The Amazing Race 14		Desperate Housewives		News (N)
	-	-	4	OMNI	Without a Trace		King	King	Bollywood Boulevard		Rom Redux Japan and Korea		Chardi Kalaa
	-	371	5	KXLY	News	Basketball	Funniest Home Videos		Extreme Makeover: Home		Desperate Housewives		Brothers
	245	306	6	CBRT	Heartland (N) (DVS)		India Reborn Culture and economic growth of India. (N)				CBC News: Sunday Night (N)		Who Do-Think
	244	338	7	CICT	16:9 Picture	King of the Hill	(8:01) Brothers & Sisters (N)		The Simpsons	King of the Hill	Family Guy (N)	American Dad	News (N)
	246	-	8	CKAL	2Half Men	2Half Men	Friends	Hates Chris	Kings "Goliath" (Series Premiere) (N)				Reviews
	-	372	12	KREM	News (N)		60 Minutes		The Amazing Race 14		Cold Case (HDTV) (N)		The Unit
	-	374	14	KSPS	Steves Europe	Rick Steves' Iran		Steves Europe	Masterpiece Classic "David Copperfield"				Hometime
	-	370	16	KHQ	News	Best Sports	Dateline NBC		Kings "Goliath" (Series Premiere) (N)				Apprentice
	-	373	22	KAYU	Hole in the Wall (N)		The Simpsons	King of the Hill	Family Guy (N)	American Dad	House "Fools for Love"		News (N)
news	502	390	15	CBC	CBC News: Sunday Night (N)		Jockey Undercover Thoroughbred horse racing. (N)				CBC News: Sunday Night		Undercover
	500	500	29	CNN	Larry King Live		Newsroom		D.L. Hughley Breaks the News		Larry King Live		Newsroom
	501	391	52	CTV	CTV Newsnet-Scott Laurie		News	CTV Newsnet	News	CTV Newsnet	News	CTV Newsnet	News
sports	400	400	21	TSN	(6) Curling Tim Hortons Brier -- Final. (HDTV) (Live)					SportsCentre		UEFA Weekly	Billiards
	408	418	27	net	(5:30) Baseball Teams to Be Announced.			Sportsnet Con.	Baseball Teams to Be Announced.				
family	552	543	20	YTV	*Nacho Libre* ★★ (2006, Comedy) Jack Black.				SpongeBob	Prank Patrol	In Real Life		Adrenaline Proj
	557	541	39	FAM	Natural-Sadie	Flight 29 Down	That's-Raven	Zoey 101	Life Derek	Han. Montana	*Strange Brew* ★★ (1983, Comedy)		
cable variety	-	-	18	CHTV	Inside Hollywood		The Best Years (DVS)		Extreme Makeover: Home		Apprentice: H'wood Story		Apprentice
	603	561	25	FOOD	Iron Chef America		The Next Iron Chef		The Heat	The Heat	Challenge Chocolate.		Iron Chef Am.
	615	520	26	A&E	CSI: Miami (HDTV)		The Sopranos (HDTV)		The Sopranos (HDTV)		CSI: Miami (HDTV)		CSI: Miami
	617	522	32	SHOW	*War of Worlds*	Trailer Park	The Guard (HDTV)		*Destination: Infestation* (2007, Suspense)				Damages
	520	505	35	DISC	Raging Nature (N)		MythBusters		Anthony Bourdain		Raging Nature		Raging Nature
	628	584	43	SPIKE	UFC Unleashed		Ways to Die	Ways to Die	MANswers	MANswers	MANswers	MANswers	Married... With
	522	516	45	HIST	Battlefield Mysteries		NCIS "Faking It"		Underworld Histories		*The Departed* (2006, Crime Drama)		
	581	566	102	MTV	Cribs	Cribs	Cribs	Cribs	After	Play'd	Made "Kickboxer"		Cribs

Chris Brown withdraws from Kids' Choice Awards

Chris Brown, last year's Kids' Choice Award winner for male singer, has withdrawn his name from this year's ballot, a rep for the star confirmed to TVGuide.com. IMDB.COM

Television

Brand's big payoff

How one Brit made it across the pond

RAFAEL BRUSILOW
for Metro Canada

Russell Brand is feeling the love these days. The U.K. comedian is finally starting to hit it big with North American audiences after working himself to the bone for years to carry his success overseas.

With a television special coming out this weekend, an autobiography already on store shelves and movies with Johnny Depp and Judd Apatow in the pipeline, the effervescent Brand sometimes surprises even himself with his work ethic.

"I work so hard that if I were to go mentally ill, I don't think I'd notice," Brand joked.

An admitted former drug addict before finding success as a television host in Britain, Brand scored a scene-stealing breakthrough performance in comedic flick Forgetting Sarah Marshall and hosted the 2008 MTV Video Music Awards.

The latter gig in particular provided him with plenty of material for his stand up act, from being asked by producers to avoid obvious questions about Britney Spears' sanity to soaking up hate mail from foul-mouthed viewers unhappy with Brand's mockery of George W. Bush. Still, he says hosting the show was a blast and kept him on his toes.

"It was fantastic actually — it was a challenge, but very exciting," Brand said.

Brand says audiences in North America have been responding well and contrary to popular belief, the types of jokes that work here are seldom different from the ones that hit it big in the U.K. The only real difference, Brand says, is in how raucous the crowd can get.

"There's almost no difference, except here they laugh more," he said.

Brand describes his comedy style as confessional, with a healthy dose of spiritual (and sexual) escapades.

He grew up worshipping comedians who were ahead of their time, such as Richard Pryor and Bill Hicks, and says he's always been conscious of carving his own niche.

"It's hard not to be influenced by such brilliant comedians, but the day you start imitating, it all ends. You've got to constantly improve," Brand said.

TV times

- Catch Russell Brand In New York City on the Comedy Network Saturday at 10 p.m. ET.

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DEAN CHALKNEY

British comedian Russell Brand is finally making his mark across the pond with his confessional comedic style.

Canadian film tribute with a surreal touch

CHRIS ALEXANDER
for Metro Canada

In a conventional sense, few things are more Canadian than the output of the National Film Board but in a less conventional sense, the weird and wonderful work of Winnipeg-based surrealist Guy Maddin (director of The Saddest Music in the World) is as well.

And while the thought of marrying these two very different cinematic sensibilities seems pretty abstract, in honour of their 70th anniversary, the powers that be at the NFB have done just that.

The eccentric Maddin is currently helming the short film Night Mayor, a picture that both celebrates the spirit and legacy of the iconic production house while still remaining true to his own unique, nostalgia steeped aesthetic.

"The film is about a guy named Nihad from Bosnia in 1939 who, living in Canada, has invented a primitive form of television." explains Maddin of his experimental tribute.

"Drawing on the power of the aura borealis, his machine broadcast images of Canadians to Canadians. There's no script and I don't know how this will turn out, I'm just trying to hypnotize myself into thinking the people in the film are real subjects and that I've just hired myself to make this documentary."

Using the same vintage 16mm equipment and black and white stock utilized by NFB filmmakers in the '30s and '40s, Maddin is hoping his movie will stylistically echo the feel of a real Film Board classic.

But the question remains: After all these years does the avant garde Maddin really think that the largely ignored NFB still has any relevance?

"It's doing the work that our mainstream films have not been doing," says Maddin. "And that's mythologizing us as a country. They're doing the job of pop culture and I think that's pretty cool."

Home screenings

- For more information and to watch one of the over 700 classic NFB films online for free, log on to nfb.com.

Spears' Canuck costumes

Canadian duo DSquared2 behind pop star's 'wild' outfits

HELLO MAGAZINE PHOTOS

For her Circus tour, Britney Spears opted for outfits, such as the one above, made by Canadians design duo DSquared2.

It wasn't just Britney Spears' showmanship that dazzled a sold-out crowd of 16,000-plus fans on the first leg of her Circus tour in New Orleans.

Everyone in the audience was also awestruck by the array of creative costumes unleashed throughout the night. Designed by Dean and Dan Caten — the Canadian duo behind the global fashion label DSquared2 — Britney's one-of-a-kind creations ran the gamut from primal to militaristic. The twin brothers, who dressed Britney's idol, Madonna, for her 2001 Drowned World tour, played up the pop princess' "big top" motif, creating stage outfits they call "totally wild."

"It's a metamorphosis from animal to ringmaster to slave, in keeping with the circus theme," Dan explains.

The outfits certainly had the desired effect. Whether it was the costumes or simply her new, positive outlook, after a five-year absence from the stage, the pretty mother of two showed the world that she's back and ready to take control.

HELLO MAGAZINE

Hellomagazine.ca

See Britney onstage in more DSquared outfits in this week's issue of HELLO! Canada, on newsstands now. Visit Hellomagazine.ca.

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Stone Cold joins Stallone
Wrestler Steve Austin is the latest macho man to join the cast of Sylvester Stallone's extraordinarily exciting action movie, The Expendables. He joins a cast that includes Stallone, Arnold Schwarzenegger and Mickey Rourke. **EMPIREONLINE.COM**

Television

Silver screen gold for tough times

PHIL BROWN
for Metro Canada

Shame about that whole recession thing, isn't it? Last year you were basking in your economic glory and picked up a plasma television thinking that the ludicrous balance in your chequing account would never go down.

Now that account is overdrawn and the gigantic TV is currently the fourth wall in the damaged cardboard box you call a home. No sir, things aren't going well — but on the plus side you can still watch DVDs.

In these trying times, we're happy to present a list of films that will hopefully make the recession slide by a little easier.

MONEY IS THE ROOT OF ALL EVIL

Sure, some extra money would be nice right about now, but never forget how quickly good fortune can transform into murderous greed. Just ask William H. Macy's character in the Coen Brothers' Fargo. His good intentions to increase the family nest egg lead to imprisonment, a murdered wife, a dead father-in-law, and a "funny lookin'" guy in a wood chipper. Then of course there are Bill Paxton and Billy Bob Thorton's downtrodden rural brothers in A Simple Plan. They planned to better their lower class existence with a bag of stolen drug money only to be surrounded by a pile of corpses and useless marked bills.

The history of cinema is filled with such stories. Not even Humphrey Bogart could avoid that fate in The Treasure of the Sierra Madre. Seriously, if Bogie can't overcome the perils of greed, what hope do you have?

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MONEY CAN'T BUY HAPPINESS

Even if you can manage to get your hands on some coin without killing your closest friends, you might find that all the cash will only make you miserable in a bigger house. The go-to choice for "the greatest film of all time" taught us that. Charles Foster Kane (a.k.a. Citizen Kane) may have acquired a mountain of money and a personal museum of the world's finest treasures, but none of it bought back the joy of riding on an oddly named sled at his poor parents' farm. More recently Daniel Day Lewis scored a shelf full of awards for his remarkable portrayal of a competitive oilman whose insatiable drive for wealth left him alone and insane.

IT COULD BE WORSE

If seeing the evils money can cause isn't enough to scare you off the green stuff, you can always take solace in the fact that there's some poor sucker out there worse off than you. John Ford's perennial classic The Grapes Of Wrath depicts a family destroyed by the Great Depression whose poverty is so extreme that not even Henry Fonda can overcome it.

In more contemporary times, Fernando Meirelles' City Of God showed a Brazilian slum in such a dire state that pre-teen kids found themselves turning to crime.

POVERTY CHIC

And finally, if nothing else will ease the pain, at least you can find comfort in a few memorable films that prove you can be both soul crushingly broke and damn cool. Slumdog Millionaire found Oscar gold in a story of a boy whose charmingly poor upbringing led directly to a million dollar bank account and true love. Poverty peddler Kevin Smith gave us Clerks, about minimum wage slaves who might wear used clothes, but are still capable of making witty pop culture references that you only wish you could manage.

But the ultimate example of poverty chic is unquestionably John Waters' trash classic Pink Flamingos, in which a group of trailer-dwelling yippies want nothing more than to be known as the filthiest people alive. Any movie that can transform an impoverished 300-pound transvestite into a movie star demands recognition. If Divine can achieve immortality by eating dog poo for cash, surely you can find a way to survive the recession. Just watch movies until the whole thing blows over. Someone will have to pay you for it eventually. That's my plan.

Riding the **Recession**

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RICH DAD HAS A PLAN – LISTEN TO HIM WHILE THERE'S STILL TIME

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- *Risk Management Strategies that Keep You Protected at All Times*
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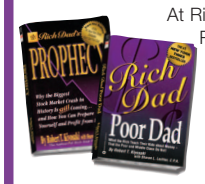

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Robert Kiyosaki will not attend this workshop.

Cheech marries a pianist

Cheech Marin, best known for his roles in the Cheech & Chong and Nash Bridges, will wed girlfriend of four and a half years, professional classical pianist Natasha Rubin, people.com reports. METRO NEWS SERVICES

Going Out

Custody fight finalized

DIVORCE Madonna and Guy Ritchie have finalized their custody battle in the U.S. after a hearing at Manhattan Supreme Court, according to the British paper the Sun. Lourdes, Rocco and adopted son David Banda will live with their mother in New York and make regular visits to the U.K. to see their father.

METRO WORLD NEWS

Hasselhoff's ex arrested for DUI

POLICE David Hasselhoff's ex-wife Pamela Bach was arrested for felony DUI in Los Angeles, police records show, people.com reports.

METRO NEWS SERVICES

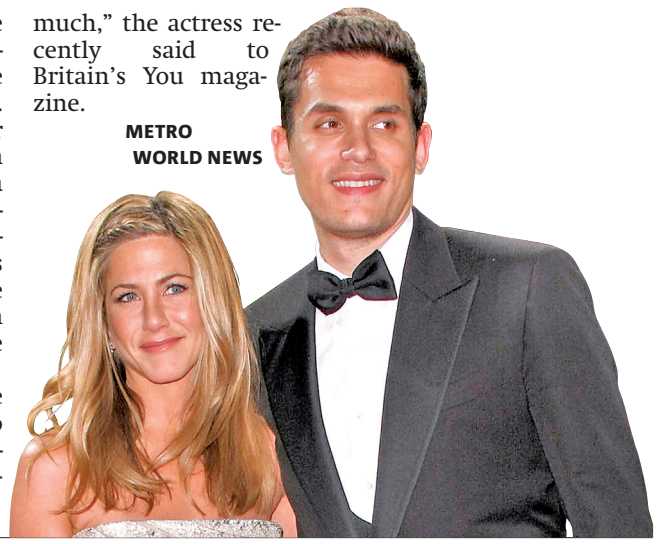
Splitsville again?

RELATIONSHIP Rumours are flying that Jennifer Aniston and John Mayer have called it quits once again.

"He broke up with her when she got back from her European tour," a source tells E! News. Neither star's rep is commenting on the split, but friends of Aniston caution that the pair shouldn't be written off completely, as they've broken up in the past.

But Aniston might see things differently: "Who ever said that every relationship has to last forever? That's hoping too much," the actress recently said to Britain's You magazine.

METRO WORLD NEWS



Phoenix flips out during show

INCIDENT Taking a cue from other unruly hip hop stars, Joaquin Phoenix jumped into the crowd of a Miami Beach club early yesterday and confronted an audience member who was heckling him, people.com reports.

A dishevelled Phoenix, 34, was rapping unintelligibly when he became agitated and jumped down into the packed nightclub.

While it was not immediately clear whether the two men exchanged any blows, security guards immediately swarmed and dragged Phoenix back on stage before escorting him away.

METRO NEWS SERVICES

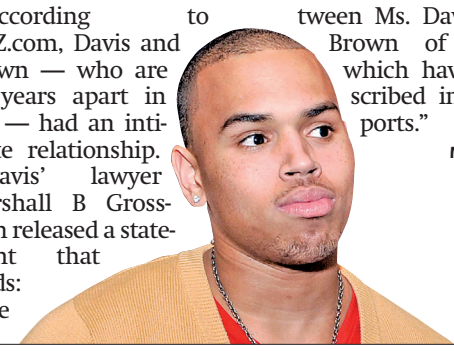
Brown's manager denies romance

ALLEGATIONS Chris Brown's manager Tina Davis denies sending the three-page text message that started his alleged assault against Rihanna, usmagazine.com reports.

According to TMZ.com, Davis and Brown — who are 20 years apart in age — had an intimate relationship.

Davis' lawyer Marshall B Grossman released a statement that reads: "The relationship between Ms. Davis and Mr. Brown is that of manager and client. There has never been any other relationship. The rumors in circulation are false. There are no emails between Ms. Davis and Mr. Brown of the type which have been described in media reports."

METRO NEWS SERVICES



Paris dying for New Moon role

ACTING Paris Hilton is "desperate" to star in New Moon, femalefirst.co.uk reports.

The House of Wax star has reportedly been bombarding the vampire franchise's star Robert Pattinson with calls in a bid to secure a role.

A source told America's Star magazine: "She has also had her manager call the casting agent to lobby for a part on her behalf."

METRO NEWS SERVICES

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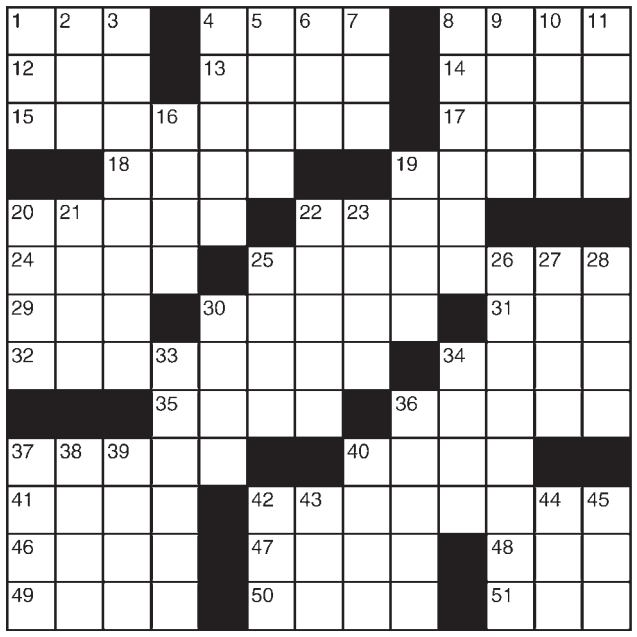
Friday Partly cloudy 5 C / -8 C
Saturday Partly cloudy 2 C / -5 C
Sunday Partly cloudy 1 C / -7 C

BT BREAKFAST TELEVISION

Andrew Schultz, Weather Specialist – Breakfast Television
"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta." **WEEKDAYS AT 6 A.M.**

Take Five



Crossword across

1 Occupation
4 Having a Y chromosome
8 Invitation notation
12 Be below par
13 Leading man
14 Gardener, at times
15 Toronto team
17 Cosmonaut Gagarin
18 Furry sci-fi critter
19 NFL Hall-of-Famer Hank
20 Thread
22 Leave a lasting impression
24 Bloodhound's clue
25 Mix up
29 Ultra-modernist
30 Wise lawgiver
31 Shelter
32 Subtract
34 Twofold
35 Shade
36 Muscular
37 Run — of (violate)
40 Singer Campbell
41 Deposited
42 In song, it "saw me standing alone"
46 Ticket price?
47 Traditional tales
48 Bill
49 Clumsy fleet
50 "— be surprised"
51 List-ending abbr.

Crossword down

1 Poke
2 Lubricant
3 Car dealer's reference guide
4 Army rank
5 Aleutian island
6 Ballad
7 Type squares
8 Tempo
9 Acerbic
10 Miles of movies
11 Prudish
16 Basin accessory
19 Read bar codes
20 Typist's choice
21 Notion
22 Showy display
23 Helen's home
25 Scattered, as seed
26 Noted jazz label
27 Image on Canada's flag
28 Slithery
30 Go yachting
33 Piano pieces
34 Consider
36 Evidence a cut
37 — Romeo
38 Equitable
39 Sty cry
40 Expert
42 Journalist Nellie
43 Privy
44 Feedbag tidbit
45 Leno's home

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

	9		4	2				
	3		5				1	9
		1	8			4		
						1	2	6
7				3				8
2	6	5						
		7			4	9		
9	5				8		4	
				5	6		3	

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

O	D	E	S			P	A	S			C	L	O	Y
G	U	R	U			O	R	C			H	A	V	E
L	A	I	R			I	K	E			I	V	A	N
E	L	E	V	E	N			N	I	N	E			
				I	N	T	H	E	M	O	N	E	Y	
S	T	E	V	E			E	R	A			D	Y	E
H	O	M	E			F	L	Y			H	E	A	T
O	R	O			D	E	L			F	A	R	S	I
O	N	T	H	E	M	O	N	E	Y					
			I	O	W	A			A	E	R	A	T	E
M	I	C	A			L	I	P			I	D	E	A
O	D	O	R			E	W	E			D	A	R	T
P	O	N	D			S	O	S			E	R	R	S

5	3	7	6	1	2	4	9	8
6	1	2	9	8	4	5	3	7
8	9	4	5	3	7	6	2	1
1	5	3	2	7	6	8	4	9
7	6	8	3	4	9	1	5	2
4	2	9	8	5	1	7	6	3
3	4	6	7	9	8	2	1	5
9	7	1	4	2	5	3	8	6
2	8	5	1	6	3	9	7	4

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:
Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min .....Not bad
25+ min.....Keep practising

Metro Recipe of the Day

Beef and Mushroom Stroganoff

INGREDIENTS:
2 tbsp (25 ml) extra-virgin olive oil
3 cups (750 ml) halved mushrooms
1 red pepper, seeded and cut into fine strips
1 1/2 cups (375 ml) small brocolli florets
2/3 cup (150 ml) beef stock, preferably homemade
1 onion, sliced
10 oz (300 g) beef tenderloin, cut into thin strips
2 tbsp (25 ml) brandy
3 tbsp (45 ml) bottled grated horseradish (optional)
2/3 cup (150 ml) sour cream
Salt and fresh-ground black pepper

METHOD:
1. Heat half the oil in large pot over medium heat. Add mushrooms and sauté until beginning to soften, 2 minutes. Stir in red pepper and broccoli florets and continue to sauté, stirring, 3 to 4 minutes.
2. Pour in stock and bring to boil. Reduce heat, cover pot, and simmer 5 minutes or until broccoli is just tender.
3. Meanwhile, heat remaining 1 tbsp (15 ml) oil in large frying pan over high heat. Add onion and sauté 5 minutes or until soft and beginning to brown.
4. Add beef strips to onions and sauté 1 minute or until beef begins to change colour. Stand back from pan, pour in brandy.
5. Stir in horseradish, if using, and sour cream. Add vegetables with their cooking liquid. Stir well and season to taste. Serve with rice pilaf , tagliatelle or boiled new potatoes.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes

AVATAR VENUS

ARIES
MARCH 21-APRIL 20
Give up on a losing proposition. Timing is important when sending a message. A friend will try to convince you of something.

TAURUS
APRIL 21-MAY 21
You can rely on getting backup for your plans. Be positive about a change to your routine. Tax info comes in handy.

GEMINI
MAY 22-JUNE 21
Forget about making a deadline. Someone you hurt will lend a hand to make mischief. A woman will respond frantically to a stranger's behaviour.

CANCER
JUNE 22-JULY 22
Don't live beyond your means. A robust man is reluctant to share information. Authority figures will give no hints.

LEO
JULY 23-AUG 23
There's only one solution to a problem. A quarrel can ruin a relationship. Spend time avoiding a fearless friend's complaints.

VIRGO
AUG 24-SEPT 22
An elder will comfort you. A change will free you. A compassionate man will rule out emotionality.

LIBRA
SEPT 23-OCT 23
Don't wring your hands after someone blurts out an answer. Timing is crucial. A game player causes jealousy.

SCORPIO
OCT 24-NOV 22
Contact is made with a shady lady. Solve a mystery when something can't be fixed. Be ready for a sinful adventure.

SAGITTARIUS
NOV 23-DEC 21
An illness will cause a stir. Good things happen in love matters. Don't be gushy with strangers.

CAPRICORN
DEC 22-JAN 20
A brilliant person will be late. Passion fights with pessimism at night. Investigate any proposals for dishonest motivations.

AQUARIUS
JAN 21-FEB 18
The fun begins when friends return to old haunts. Don't have a bitter quarrel in public. Solve a paradoxical problem by taking action.

PISCES
FEB 19-MARCH 20
Something wacky takes place in a crisis. Legal matters do better than expected. Making a bad choice will restore a relationship.

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BY TRICKY RICKY KANE

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

1. Not many went by airplane (1)
2. Fire-engine-colored snow coaster (1)
3. NYC borough denim pants (1)
4. Cuckoo dog of Dagwood and Blondie (2)
5. Lying under oath about an OR operation (3)
6. Crisscross framework current condition (2)
7. Burrowing rodents' limo drivers (2)

ANSWERS
1. FEW FLEW 2. RED SLED 3. QUEENS JEANS 4. CRAZY DAISY
5. SURGERY PERJURY 6. LATTICE STATUS 7. GOPHERS CHAUFFEURS

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